# **Social Services Info Guide**







Village of Lombard

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# **ABUSE**

#### **Adult Children of Alcoholics**

(630) 627-4441

#### Alateen

(630)627-4441 Call for meeting dates and times

#### **Alcohol Abuse and Crisis Intervention**

1-800-234-0246

# **Alcoholics Anonymous Hotline**

(630) 833-7897

# **Apna Gahr (Women and Children)**

1-773-334-0173

Domestic violence counseling and shelter

# **Carenet Pregnancy Services**

www.pregnanthelp.com

(630) 455-0300

Provides free pregnancy tests, free ultra sounds, peer counseling.

#### **Child Abuse Hotline**

1-800-25A-BUSE

#### **Domestic Violence Family Shelter/Counseling**

(630) 469-5650

#### **Elder Abuse Hotline**

1-800-252-8966 DuPage County Human Services (630) 407-6500

### **Hospice Link**

1-800-331-1620

#### Illinois Department of Children and Family Services

(630) 790-6800

#### **Infant Safe Haven**

www.saveabandonedbabies.org

1-888-510-BABY

Safe, legal options for a desperate parent in crisis, by handing your unharmed baby, seven days or younger to personnel at a hospital, fire station, police station. No questions asked.

# **Questioning Youth Center**

www.questioningyouth.org

(630) 415-2053

Provides a safe, respectful environment for youth questioning their sexual identity

#### **Rainbows**

www.rainbows.org

1 (800) 266-3206

Guiding youth through life's storms- such as divorce, death, and other significant event traumas.

#### **Spouse and Family Abuse**

(630) 627-1700

#### **Substance Abuse**

Al-Anon (312) 409-7245 Alateen 1-800-352-9996

#### **Teen Parent Connection**

www.teenparentconnection.org

(630) 790-8433

739 Roosevelt Road, Bldg. 8 Suite 306, Glen Ellyn

Provides parenting education and social support to adolescent parents through groups and home visits

#### **YWCA**

www.ywcadupage.org

(630) 790-6600

Rape counseling

# **CHILDREN**

**ALL KIDS-Insurance** 

(866)ALL-KIDS

### **Child and Family Connections**

(630) 493-0400

Provides free evaluations for children with developmental concerns. Provides various therapies for children on a sliding pay scale.

#### **Child Support**

Assistance for court-ordered support from non-custodial parent.

Information: 1-(800)447-4278, (630) 407-8699

#### **DuPage County Health Department**

(630) 620-3350

# **Family Shelter Services**

(630) 469-5650

# **First Things First**

(630) 693-0187

Meets the emergency needs of children 0-3 years with baby basics: Clothing, diapers, wipes, food and more

#### **Head Start**

(630) 521-8094

#### IL DCFS

(630) 801-3400

#### Illinois All Kids Insurance

www.allkidscovered.com

1-800-226-0768

Insurance for all kids.

# **Junior Fire setter Intervention Program**

Program for families who have a child that has been involved in fire setting or other type of fire play.

Information: Lombard Fire Department, (630) 620-5736.

## **Juvenile Service Officers**

The Lombard Police Department has officers specifically trained to deal with issues that affect juveniles. Cases are referred to appropriate agencies.

Information: Lombard Police Department, (630) 873-4400.

#### **Kidcare Insurance**

1-(800)226-0768

#### **Lifelink Healthy Families**

www.lifelink.org (630)521-8808

Provides compassionate services for those in need. (Spanish programs available)

#### **Rainbows**

www.rainbows.org

1 800-266-3206

Guiding youth through life's storms- such as divorce, death, and other significant event traumas.

#### **Runaway Hotline**

1-800-621-4000

#### Salvation Army (camps for kids)

(630) 629-3044

#### **TPC** (Support for teen moms)

(630) 790-8433

#### **Trauma Teddy Program**

Stuffed teddy bears are given to sick or injured children by the Lombard Fire Department paramedics.

Information: Lombard Fire Department, (630) 620-5736.

#### **Tri-Town YMCA**

Provides a number of programs for kids, including daycare and after care programs. (630) 629-9622

# WIC--Women, children and Infants

(630) 682-7979, extension 7559

Safe guards the health of low-income women and children up to the age of 5, by providing formula and nutritious foods to supplement diets. Provides referrals for health care.

#### YWCA—Childcare Referral

(630) 790-8137

#### **York Community Resource Center**

(630) 407-6525

An after school program serving at-risk youth in district 45, 48 & 88. This program provides homework help, snacks, recreation and crafts in a safe environment. Various prevention programs are also offered.

#### **Youth Crisis Hotline**

1-800-448-4663

#### **YWCA**

(630) 790-8137 Childcare referral

# **CLOTHING**

# **Community Congregational Church**

Highland & Cornell, Villa Park (630) 834-8352

#### First Methodist Church of Elmhurst

232 S. York Road, Elmhurst (630) 834-2440

#### First United Methodist Church Clothes Closet

(630) 834-2440

232 S. York Road, Elmhurst

Hours: 1st Thurs. 9-11 and 7-9, 3rd Sat. 10-12 p.m.

#### **Peoples Resource**

201 Naperville, Wheaton (630) 682-5402

#### **Poised for Success**

www.poisedforsuccess.org

312 S Westmore Rd, Lombard

(630) 691-1455

Gently used business clothing & accessories for women on financial assistance, to promote economic self-sufficiency.

# **Repeat Boutique**

1028 College, Wheaton (630) 462-7341

St. Vincent DePaul (need referral)

90 W. Lake Street, Addison

(630) 628-9008

# St. Vincent DePaul (need referral)

90 W. Lake Street, Addison

(630) 628-9008

#### The Glass Slipper Project

www.glassslipperproject.org

Prom dresses and accessories for underprivileged high school juniors and seniors

#### **Treasure of Hope**

(630) 790-460

Baker Hill Shopping Plaza, Roosevelt Road, Glen Ellyn

# COUNSELING

**Breaking Free** (substance abuse)

(630) 355-2585

# **Catholic Charities Counseling Services**

Information: 1-800-240-7011

#### **DuPage County Family Center**

(630) 407-2450

# **DuPage County Health Department**

1111 E. Jackson Street, Lombard (630) 682-7979 (630) 682-7400

# **DuPage Crisis Unit**

(630) 627-1700 (24 Hour crisis hotline) 440 Finley Road

#### **Family Counseling**

(630) 844-2662

# Family Shelter (Domestic Violence)

(630) 469-5650

# Hamdard Center (S. Asian/Middle Eastern)

886-305-3933

#### **Infant Safe Haven**

888-510-BABY

# Love Christian Clearinghouse

(630) 512-8665

# **Metropolitan Family Services**

(630) 784-4800

#### **Rainbows**

(800) 266-3206

www.rainbows.org

Guiding youth through life's storms such as divorce, death and other significant event traumas.

#### **Serenity House**

891 S. Route 53, Addison

(630) 620-6616

Assists men and women recovering from chemical dependence and substance abuse, including residential care, independent living and outpatient programs.

# **Springboard**

1-(888) 669-2227

#### **YWCA** (SA/General women and children)

(630) 790-6600

# DISABILITIES

# Association for Retarded Citizens of the U.S.

800-433-5255

#### **Autism Society of Illinois**

630-691-1270

# **Brain Injury Association**

800-699-6443

# **Child and Family Connections of DuPage**

630-493-0400

Provides free evaluations for children with developmental concerns.

# College of DuPage Health and Special Services

630-942-2154

Assists students at the College with specialized needs.

#### **Division of Rehabilitation Services**

630-495-0500

TTY (630) 495-2294

#### Donka, Inc.

630-665-8169

TTY (630) 665-6400

Provides computer training and technology training for persons with disabilities.

# **DuPage Center for Independent Living**

630-469-2300

#### **Easter Seals**

630-620-4433

Provides evaluations and therapy for children with developmental concerns.

### **Family Resource Center on Disabilities**

312-939-3513

# **Health Benefits For Workers With Disabilities**

1-(800) 226-0768

# **Learning Disability Association**

708-430-7532

#### Little Friends, Inc.

(630) 355-6533

Provides evaluations, consultations and parent training for children with developmental disabilities.

# **National Stuttering Association**

1-847-895-2990

# Ray Graham Association for People with Disabilities

(630) 620-2222

# **Seguin Services**

(708) 863-3803

Offers housing & vocational training for adults and children with developmental disabilities.

#### **Spectrum Vocational Services**

(630) 852-7520

# **United Cerebral Palsy of Greater Chicago**

(312) 368-0380

# Western DuPage Special Recreation Association

(630) 681-0962

TTY (630) 681-0962

# **EDUCATION**

# 4H program - U of I extension

(630) 653-4114

#### College of DuPage Youth Education Open Campus Center

www.cod.edu

(630) 942-2208

This program offers tutoring, test prep, high school enrichment classes, K-8 enrichment classes, high school credit classes, language classes, music and sports.

#### **CPR/First Aid Classes**,

Lombard Fire Department (630) 620-5738

#### **Emergency Medical Services Awareness**

Programs offered to all residents and groups within the Village. Programs include: general emergency medical services, CPR, first aid and AED.

Information: Lombard Fire Department, (630) 620-5736.

#### **Emergency Preparedness Planning**

Programs offered to businesses to develop plans that, in the event of an emergency, the business will be able to operation with little or no interruption to their operation.

Information: Lombard Fire Department, (630) 620-5736.

# Free Application for Federal Student Aid

www.FAFSA.ed.gov

# **GED Preparation**

Contact COD's ABE/ESL office: 630-942-3697

#### **GED Testing**

(630) 942-2575

#### **Head Start**

(630) 521-8094

Head Start is a national program that promotes school readiness by enhancing the social and cognitive development of children through the provision of educational, health, nutritional, social and other services to enrolled children and families.

#### **Helen Plum Library**

www.plum.lib.il.us

(630) 627-0316

Teen Turf: www.plum.lib.il.us/teen\_home.shtml

Homework Help: www.homeworkspot.com Provides information & links to several

subjects including: Math, Science and Social Studies.

# **Literacy in Action DuPage**

(630) 833-2900

Provides teacher-led classroom instruction for functionally illiterate adults.

#### **Self Defense Classes**

Lombard Police Department (630) 873-4400

# **Senior Safety Awareness**

This program targets safety issues that are of importance to older adults including fall prevention, cooking safety, escape planning, fire prevention and medication safety. Information: Lombard Fire Department, (630) 620-5736.

#### **Technology Center of DuPage**

www.cod.edu

(630)620-8770

301 S. Swift Road, Addison 60101

Job related vocational programs for H.S. juniors and seniors in DuPage County.

### **Tornado Awareness and Preparedness**

Offered to both residents and businesses, these programs will review the home or business to determine the safest area of refuge for the occupants.

Information: Lombard Fire Department, (630) 620-5736.

# **York Community Resource Center**

(630) 407-6525

An after school program serving "at-risk youth" in districts 45, 48 & 88. This program provides homework help, snacks, recreation and crafts in a safe environment. Various prevention programs are also offered.

# **EMPLOYMENT**

America's Job Bank

www.ajb.dni.us

**Central DuPage Hospital** 

(630) 933-2411

# College of DuPage Career Services (GED)

(630) 942-2230

#### **DuPage County Job Info**

(630) 407-6255

# **Family Self-Sufficiency Program**

(630) 407-6500

#### **IETC**

(630) 495-0385

#### **Illinois Job Services**

(630) 495-4345

## **Technology Center of DuPage**

301 S. Swift Road, Addison

(630) 620-8770

Job-related vocational programs for H.S. juniors and seniors in DuPage County.

#### **Unemployment Benefits**

1-(800) 244-5631, (630) 495-4345

#### **Workman Comp/Unemployment Benefits**

(312) 814-6611

# WorkNet-DuPage

(630) 955-2030

Provides career, education and work support information for all residents and businesses. All services are free.

# **FOOD**

# **Addison Township Pantry**

(630) 530-8161

# **Calvary Outreach**

(630) 231-3684 464 Ann Street, West Chicago

#### Catholic Charities, Diocese of Joliet

(630) 495-8008

#### **Christian Church of Villa Park**

1336 S. Villa, Villa Park (630) 833-7262

#### **Christ The King Church**

1501 S. Main Street, Lombard (630) 629-1717

# Disciples Food Panty/Christian Church of Villa Park

(630) 833-7262 1336 S. Villa Avenue, Villa Park

# **DuPage Senior Citizen's Council**

1919 S. Highland, Lombard (630) 620-0804

### **Food Stamps**

(630) 530-1120

How to apply for food stamps: 1-(800)843-6154 www.fspp.dhs.state.il.us/register/wb/wbHomePre.do

Advice on WIC, food stamps: Illinois Hunger Coalition, 1-(800)359-2163

#### **Glen Ellyn Food Pantry**

493 Forest Avenue, Glen Ellyn (630) 469-8668

# **Humanitarian Service Project**

(630) 221-8340, (630) 221-8340 465 Randy Road Carol Stream

#### **Illinois Hunger Coalition**

1-(800) 359-2163

Provides advice on WIC, food stamps and more.

# Lombard/Villa Park Food Pantry

1<sup>st</sup> United Methodist Church 155 S. Main Street, Lombard (630) 627-2508, ext. 16

# Meals on Wheels Program

Information: DuPage Senior Citizens Council, (630) 620-2421

#### **Messiah Baptist Church**

600 S. Villa, Addison (630) 832-9928

#### **Northern Illinois Food Bank**

(630) 443-6910

#### **Outreach House**

Has mobile food trucks for Lombard/Villa Park residents third Saturday of each month (630) 693-0187

# **PADS** day site/ lunches 705 W Liberty, Wheaton (630) 682-3846

# **People's Resource Center**

201 Naperville Road, Wheaton (630) 682-5402

#### **Salvation Army**

1S315 Summit, Oak Brook Terrace (630) 629-4948

#### **School Lunches**

(703) 305-2286

#### St. Joseph's Church

4824 Highland Avenue, Downers Grove (630) 964-0216

#### St. Pius X

1025 E. Madison, Lombard (630) 627-4526

# St. Vincent DePaul Society—Christ The King Church

(630) 629-1717 1501 S. Main Street, Lombard

# **Yorkfield Presbyterian Church** 1047 S. York, Elmhurst

(630) 833-6600

York Township Food Pantry 1502 S. Meyers Road (630) 620-2400

# **HOTLINES**

AIDS Hotline
Alcoholics Anonymous Hotline1-312-346-1475
Alcohol & Drug Abuse Helpline & Treatment1-800-662-HELP
Child Abuse Hotline
Gay/Lesbian National Hotline1-888-843-4564
Health and Human Services Helpline1-800-545-2200
Infant Safe Haven Crisis Hotline (24hr)1-888-510-BABY
National Domestic Violence Hotline1-800-799-7233
Pregnancy Helpline (24hr)1-630-455-0300
Rape Hotline (24hr)1-630-971-3927
RAINN (rape, abuse, incest) Hotline1-800-656-HOPE
Runaway Hotline1-800-621-4000
Sexually Transmitted Disease Hotline1-800-227-8922
Suicide Hotline1-800-SUICIDE
Teen Dating Abuse Helpline
Y-me (Breast Cancer) Hotline
Youth Crisis Hotline

<u>www.thatsnotcool.org</u>: Your mobile, IM and online accounts are all a part of you. This website helps you draw your digital line on: Textual harassment, peer pressure, rumor problems, and privacy issues.

# HOUSING

# American Dream Down-payment Initiative (ADDI) program

Information: DuPage County Human Services, (630) 407-6500 or www.dupageco.org.

# **Apna Gahr** (women and Children)

(773) 334-0173

Domestic violence counseling and shelter

# **Bridge Communities**

(630) 545-0610

#### **Catholic Charities**

(630) 495-8008

#### **ChildSERV**

Downers Grove (girls) (630)357-1057 Naperville (girls) (630) 968-0774 Downers Grove (boys) (630) 810-1129

# **Community Development Block Grant Program (CDBG)**

Information: DuPage County Human Services, (630) 407-6500 or www.dupageco.org.

# **Community Housing Association of DuPage (CHAD)**

(630) 993-9530

#### **DuPage County Community Services**

Client Services

(630) 407-6434

1-800-942-9412

# **DuPage County Human Services**

(630) 407-6500

### **DuPage Emergency Shelter** (24hrs.)

(630) 941-8681

#### **DuPage Homeownership Center**

1333 N. Main Street, Wheaton (630) 260-2500

www.dhoc.org

Mission is to increase accessibility and to preserve homeownership, with an emphasis on serving first-time homebuyers and low- and moderate-income families.

# **DuPage Housing Authority** (section 8)

(630) 690-3555

# **DuPage International Village**

(630) 717-8586

#### DuPage P.A.D.S.

A seasonal overnight sheltering program providing safe and hospitable shelter, support services and advocacy for homeless persons.

Information: (630) 682-3874, (630) 682-3846

#### **Emergency Shelter Grant (ESG)**

Information: DuPage County Human Services, (630) 407-6500 or www.dupageco.org.

# Family Shelter (Domestic Violence)

(630) 469-5650

#### **Habitat For Humanity**

(630) 510-3737

#### **HOME Investment Partnerships**

Information: DuPage County Human Services, (630) 407-6500 or <a href="www.dupageco.org">www.dupageco.org</a>.

#### **Homeless Children**

(630) 514-1389

#### **HOPE Fair Housing**

(630) 690-6500

#### **Housing and Emergency Rental Assistance**

Income eligible households may receive limited financial assistance with their rent or mortgage.

Information: DuPage County Human Services, (630) 407-6500 or www.dupageco.org.

# Illinois Circuit Breaker

1-(800) 624-2459

#### **Lifespring** (women only)

(630) 851-0187

#### **LIHEAP**

(630) 407-6500

To get help with heating bills.

# **NCO Youth and Family Services**

(630) 961-2992

**PADS** (See DuPage PADS)

# **Reverse Mortgage**

(630) 260-2500

Available to senior home owners.

# **Senior Home Sharing**

(630) 407-0440

#### **Serenity House**

891 S. Route 53, Addison (630) 620-6616

Assists men and women recovering from chemical dependence and substance abuse, including residential care, independent living and outpatient programs.

# **Shared Housing**

(630) 682-7000

#### **Wheaton Youth Outreach**

www.outreachcommunityministries.com (630) 682-1910

# **LEGAL SERVICES**

**American Civil Liberties Union** 

1-800-572-1092

ACES (Child Support)

1-800-537-7072

# **DuPage Bar Association**

Legal Aid (630) 653-6212

### **DuPage County Clerk**

(630) 407-5500

# **DuPage County Family Center**

(630) 407-2450

# **DuPage County States Attorney's Office**

(630) 407-8000

# **DuPage County VINE Protective Order**

Provides a telephone call when a protective order has been served. 1-866-559-8030

# **HOPE Fair Housing**

(630) 690-6500

# **Illinois Department of Human Rights**

(312) 814-6200

#### Illinois Guardianship and Advocacy

1-866-274-8023

# Lawyer Referral Service of the DuPage County Bar Association

(630) 653-9109

# **Metropolitan Family Services**

(312) 986-4000

# **Prairie State Legal Services**

(630) 690-2130

#### **Public Defender's Office**

(630) 407-8300

# **Support Kids**

1-800-795-5437

#### **Victim Service Unit**

(630) 407-8008

# YWCA Legal Night

(630) 790-6600

# **MEDICAL CARE**

# Access DuPage

(630) 510-8720, (630) 407-6500

#### **AIDS Hotline**

1-800-342-2437

#### All Kids

1-(866) 255-5437, (630)407-6500

# **Carenet** (Pregnancy Services)

(630) 455-0300

#### **Chronic Disease Fund**

1-(877) 968-7233

#### **COBRA**

1-(866) 444-3272

#### College of DuPage

Low cost dental services (630) 942-3450

www.cod.edu/Academic/AcadProg/Occ\_Voc/dental/dentcare.htm

# **Community Crisis Center** (Elgin, 24-hours)

(847) 691-2380

## **Deicke Center For Visual Rehabilitation**

(630) 690-7115

# **DuPage Center for Independent Living**

Helps people with disabilities. Information: (630) 469-2300

# **DuPage County Health Department**

www.dupagehealth.org

Access to low-cost dental care for eligible individuals in need of assistance. Free medical care for low income, uninsured residents. By appointment only.

Information: DuPage County Health Department, (630) 682-7400.

Counseling, education and referrals, flu immunizations.

(630) 620-3350

#### **DuPage Community Clinic & Dental**

(630) 690-7450

#### **DuPage County Health Department Dental Care**

(630) 682-7979, ext. 7776

#### **DuPage County Health Department-East**

(630) 620-3350

# **DuPage County Human Care Assistance Program**

The DuPage Physician's Medical Assistance Program (DPMAP) provides financial assistance for medical fees, prescriptions and supplies.

Information: DuPage County Human Services, (630) 407-6500 or email

hsprograms@dupageco.org.

#### **DuPage Crisis Unit** (24 Hour)

(630) 627-1700

# **DuPage Medical Assistance**

(630) 407-6500

# **Health & Human Service Helpline**

1-(800) 545-2200

#### Illinois Cares Rx

(630) 407-6500

#### **Martin Russo Center**

(630) 893-5230

#### **MEDICAID**

1-(877) 267-2323

#### **MEDICARE**

1-(800) 633-4227

# Mental Hospital of DuPage/Crisis Center

(630) 627-1700

#### **Metropolitan Family Services**

(630) 784-4800

# **NAMI of DuPage County**

Resources for homeless, substance abuse, crisis/mental health services (630) 752-0066

#### **Pharmaceutical Assistance**

(630) 407-6500

# **Planned Parenthood**

www.plannedparenthood.org

1-866-222-3248

3051 E. New York St., Aurora, IL

Provides women's health services. Protects women's health

#### **Poison Control**

1-800-222-1222

# Ray Graham Association For People With Disabilities

Provides a full range of services for individuals of all ages who are physically or developmentally disabled.

Information: (630) 620-2222

# West Chicago Family Health

(630) 293-4124

# **Wheaton Eye Clinic**

(630) 668-8250

#### **YWCA**

(630) 790-6600

# **MISCELLANEOUS**

#### **Immigration and Naturalization Service**

1-(800) 375-5283

# **SENIORS**

#### **AARP Foundation**

Senior citizen free income tax assistance

Information: York Township Senior Center, (630) 620-2423

# **Caregiver Support Programs**

Offered by the Northeast Illinois Area Agency on Aging, including respite services, information and assistance and emergency care.

1-800-528-2000

#### **Department on Aging**

Senior help line 1-800-252-8966

#### **DuPage County Citizen Corps**

Offering "Operation Helping Hands", designed to ensure the safety of those residents of DuPage County who are most vulnerable to emergency situations. Specializing in notification systems, evacuation support systems and special needs shelters.

Information: (630) 682-7925

# **DuPage County Human Services/Senior Services**

1-(800) 942-9412

### **DuPage County Treasurer's Office**

Senior Citizen Real Estate Tax Referral Program

Information: (630) 407-5900

#### **DuPage Senior Services Council**

Chore Days—Assistance given to seniors from volunteers who assist with raking leaves, gardening, trimming bushes and more! (630) 620-0804

# **Elderly Service Officers**

The Lombard Police Department has officers specifically trained to deal with issues that affect the elderly. Cases are referred to appropriate agencies.

Information: Lombard Police Department, (630) 873-4400.

# **Family Counseling**

(630) 844-2662

#### **Free Credit Report**

www.annualusacreditreport.com

# **Grandparents Raising Grandchildren**

Illinois Department on Aging 1-800-252-8966

# **Hospice Link**

1-800-331-1620

#### **Humanitarian Service Project**

(630) 221-8340

#### **Lifelink Healthy Families**

www.lifelink.org

Provides affordable senior housing

#### Love Christian Clearinghouse

(630)512-8665

#### **KNOX Box Loaner Program**

Key box program that can hold a resident's keys to their home. This program enables the Police or Fire Department entry into the home in case of an emergency.

Information: Lombard Fire Department, (630) 620-5736.

# Meals on Wheels Program

Information: DuPage Senior Citizens Council, (630) 620-2421 or DuPage County Human Services, Senior Citizen Services (630) 407-6500.

#### Medicare

1-800-633-4227

#### Medicaid

1-877-267-2323

# **Metropolitan Family Services**

(630) 784-4800

# **Senior Safety Awareness**

This program targets safety issues that are of importance to older adults including fall prevention, cooking safety, escape planning, fire prevention and medication safety. Information: Lombard Fire Department, (630) 620-5736.

#### **Senior Center**

Nora Hardy, Manager (630) 620-2424

FAX (630) 627-8832

The Senior Center provides programs and services designed to enhance the quality of life of our senior citizens 55 years of age and older. These programs are self-sup[porting and require no tax dollars.

# CALENDAR OF REGULARLY SCHEDULED SENIOR ACTIVITIES AT THE SENIOR CENTER

Barber Monday and Friday by appointment, \$5

Beautician Thursday by appointment

Cards—Bridge Tuesday/Wednesday, 1 p.m., Dining Center

Cards—Pinochle Tuesday, 1 p.m., Dining Center

Hearing Test (free) First Friday of the month, by appointment only Line Dancing Monday and Wednesday, Auditorium (donation)

Massage Therapy Tuesday/Thursday by appointment, \$30

Movies (free) Tuesday, 12:30 p.m., Auditorium—free popcorn

Painting Class Tuesday, 9:30 a.m.

Pedicures Wednesday, by appointment

Rules of the Road As scheduled, free. Call for schedule.

Drive Safety Program As scheduled, \$10. Call for schedule. (Formerly 55 Alive.)

Tai Chi Tuesday, 10 a.m. Woodcarvers Monday, 9 a.m.

Yoga Monday and Thursday, 9:30 a.m., Auditorum

#### **Senior Nutrition Center**

(630) 620-2421

This program is sponsored by the DuPage Senior Citizens Council, a non—profit agency. Meals are prepared warm and nutritious on premises and more than four thousand seniors are served annually, on-site in the Dining Center and delivered to homebound by volunteers. Dining Center parties require a lunch reservation, at least 48 hours in advance and can be made by calling (630) 620-2421 by noon.

#### **Senior Sun Newsletter**

Nadia Hajduk, Editor, (620) 620-2424

Published 10 times per year, the newsletter contains information for township seniors, the monthly nutrition menu and schedules of upcoming events. Subscriptions can be purchased for \$5/year by dropping in the York Township Senior Center, located at 1502 S. Meyers Road, or dropping a check in the mail payable to The York Township Senior Center.

#### **Springboard**

1-888-669-2227

#### **Tri-Town YMCA**

Provides a number of programs for seniors, including "Sunshine Calls" to check in on seniors who are home alone.

(630) 629-9622

# **U.S. Social Security Administration**

1-800-772-1213

# Vial of Life Program

Vital information on medications, etc.

Information: Lombard Fire Department, (630) 620-5736.

# SERVICES FOR THE HEARING IMPAIRED

**American Speech/ Language/ Hearing Association** 1-800-638-8255

#### **Center on Deafness**

1-847-559-0110 TDD 847-559-9493

# **Chicago Hearing Society**

773-248-9121

# **Dial-A-Hearing Screening Test Hotline**

800-222-3277

# Hearing Aid Helpline From the International Hearing Society

800-521-5247 x3

#### Illinois Advocates For the Deaf- Blind

800-771-1158

# **Relay Center**

800-526-0857

For deaf and speech impaired communication over the telephone

# **Sertoma Speech and Hearing Center**

708-599-9500

# SERVICES FOR THE SIGHT IMPAIRED

Chicago Light House for People Who Are Blind (312) 666-1331

**Diecke Center or Visual Rehabilitation** (630) 690-7115

**Illinois Advocates for the Deaf- Blind** (800) 771-1158

Philip J. Rock Center and School (630) 790-2474

# **STATE**

**Illinois Employment/Training Center** 837 Westmore, Lombard (630) 495-4345

**Public Aid** (630) 530-1120

**Secretary of State** (630) 629-0380

#### **Social Security**

Bloomingdale 1-(800) 772-1213 Downers Grove 1-(800) 852-3791

Veterans Administration 1-(800) 772-1213

# **TRANSPORTATION**

First Transit 1-(877) 725-0569 Illinois Department of Human Services (medical appointments)

#### Ride DuPage

Provides subsidized taxi and lift equipped bus transportation for income eligible DuPage County residents. Primarily used for visits to medical facilities and government offices within the County limits.

Information: DuPage County, (630) 407-6500 or 1-800-942-9412 or email paratransit@dupageco.org.

#### PACE Dial-a-Ride

1-(800) 713-7445

(York Township for disabled and seniors)

# **RTA Transit Program**

Free transit program for seniors for CTA, Metra and Pace.

Information: Registration at Village Hall or for other registration center,

www.rtachicago.com/seniorsridefree, (312) 836-7000.

# **Taxi Subsidy Program**

Transportation program intended for Lombard residents who are seniors or people with disabilities. Coupon books are purchased at minimal charge and coupons may be used with any licensed taxi cab company operating in Lombard.

Information: Finance Department, (630) 620-5909.

# **York Township Transportation Services**

Senior Ride Program

Transportation program serving residents and service area of York Township, 55 years old and older. Hours or operation are Monday thru Friday from 8:30 a.m.-3 p.m. Cost of rides is minimal. Advance reservations are required.

Information: (630) 620-2413

# **UTILITIES**

#### Ameritech

1-(888) 256-5378

#### ComEd

1-(800) 334-7661

#### Li-Heap

(630) 407-6500

#### **NICOR**

1-(888) 642-6748

# **VETERANS**

**Illinois Veterans Care** 1-(877)4VETSRX

#### **Illinois Warriors Assistance Program**

1-(866) 554-4927

#### Jesse Brown VA Medical Center

(312) 569-8387

# **DuPage County Veterans Assistance Commission**

(630) 407-5655

Provides emergency financial assistance to veterans in DuPage County and their families, during difficult economic times such as mortgage/rent payments, utility payments, emergency essentials and advocacy.

# Illinois Department of Veterans' Affairs

(217) 782-6641

Wheaton Office

(630) 690-9449

Provides a wide variety of benefits to veterans and their families.

# **Edward Hines Jr. VA Hospital**

(708) 202-8387

#### Illinois Veterans Care

1-877-483-8779

www.illinoisverteranscare.com

Offers affordable, comprehensive healthcare for Illinois veterans providing medical, dental and vision coverage.

# **Military One Resource**

1-800-342-9647

www.militaryoneresource.com

A Department of Defense contracted resource to provide help to any military member or one of their families, whether on Active Duty, National Guard or Reserve.

# **Social Security Benefits**

1-(800) 772-1213

#### **Veteran Benefits**

1-(800) 437-9824

# WOMEN

Birthright of DuPage

(630) 355-9888

#### **CareNet Pregnancy Services**

(630) 493-1340

# **Illinois Breast and Cervical Cancer Program**

(630) 682-7400

# Illinois Healthy Women

1-(800) 226-0768, (630) 682-7400

# **Poised For Success**

Assists with interviewing and apparel for women

Information: (630) 691-1455

# Y-Me (Breast Cancer) Hotline

1-800-221-2141

Revised: 2/10