



## Village of Lombard COVID19 Update

### Tips for Physical Distance in Parks

The National Recreation and Park Association is sharing tips for maintaining a safe physical distance while visiting parks. To help keep your family and your neighbors safe, it's important that you follow this guidance and educate your children about the importance of social distancing. For more information visit [www.nrpa.org/coronavirus](http://www.nrpa.org/coronavirus).

**Tips for Physical Distancing In Parks**

- ▶ **Know what 6 feet looks like.** Lay measuring tape on the ground. It's the distance of a surfboard, long yoga mat or adult bike.
- ◀ **Do not use playgrounds or other frequently touched surfaces.**
- ▶ **Go by yourself or those you live with.**
- ◀ **Avoid crowded areas.** If a space cannot be enjoyed safely, go home or discover a new park in your community.

**NRPA** National Recreation and Park Association  
Because everyone deserves a great park

For more resources on how to use parks safely during the COVID-19 pandemic, please visit: [nrpa.org/Coronavirus](http://nrpa.org/Coronavirus)

### Garage Sales Prohibited

All garage sales in the Village of Lombard have been prohibited, to help slow the spread of COVID-19. Please contact Code Enforcement with questions or concerns at (630)620-5757.

### PACE Bus Suspending Certain Services

The Village has been notified by PACE that due to extremely low ridership levels, PACE has suspended 54 routes, including Route 674, Southwest Lombard. These routes will NOT operate until further notice. Pace Bus Tracker and other trip planning software will be updated as soon as possible to reflect this temporary suspension of service. See all Lombard related routes that have been affected here.



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[https://www.pacebus.com/sub/schedules/search\\_results.asp?TYPE=community&KEYWORD=Lombard](https://www.pacebus.com/sub/schedules/search_results.asp?TYPE=community&KEYWORD=Lombard)

### **Submit Your Positive #LombardStrong Photos!**

The Village is seeking encouraging photos from residents and community members about how they are staying positive and safe during the COVID19 crisis. Share photos of art work, positive chalk messages on sidewalks, signs thanking people on the front lines, creative things to do while staying home, or any other way you are staying #LombardStrong! Photos may be submitted here

[www.villageoflombard.org/FormCenter/Communications-8/LombardStrong-During-COVID19-99](http://www.villageoflombard.org/FormCenter/Communications-8/LombardStrong-During-COVID19-99)

### **Staying Safe as High-Risk Individual During COVID-19 Pandemic**

If you are at higher risk for serious illness from COVID-19 because of your age or because you have a serious long-term health problem, it is extra important for you to take actions to reduce your risk of getting sick with the disease. <https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/what-you-can-do.html>

- Stay home if possible.
- Wash your hands often.
- Take everyday precautions to keep space between yourself and others (stay 6 feet away, which is about two arm lengths).
- Keep away from people who are sick.
- Stock up on supplies.
- Clean and disinfect frequently touched services.
- Avoid all cruise travel and non-essential air travel.
- Call your healthcare professional if you have concerns about COVID-19 and your underlying condition or if you are sick.

### **Pets and COVID-19**

If you are sick with COVID-19 (either suspected or confirmed), you should restrict contact with pets and other animals, just like you would around other people. Although there have been no reports of pets becoming sick with COVID-19 in the United States, it is still recommended that people sick with COVID-19 limit contact with animals until more information is known about the virus. This can help ensure both you and your animals stay healthy. <https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/animals.html>

- When possible, have another member of your household care for your animals while you are sick.
- Avoid contact with your pet including, petting, snuggling, being kissed or licked, and sharing food.
- If you must care for your pet or be around animals while you are sick, wash your hands before and after you interact with them.

### **Proper Disposal of Medical Waste and PPE**

Residents are reminded to dispose of protective masks and gloves in the trash. These items are considered medical waste. They are NOT recyclable and are also a health concern for employees in the recycling plant.



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### **DuPage County Health Department Map**

The DuPage County Health Department's COVID-19 dashboard, shows the number of lab-confirmed COVID-19 cases in each municipality. As of April 8, 2020, there are 49 lab confirmed cases of COVID-19 in Lombard. Please [see the map](#) for updates.

The best way you can protect yourself is to socially distance yourself from people outside of your home, and limit your potential exposure. Wash your hands regularly, for 20 seconds, using soap, and do not touch your face with unwashed hands.