

## FAQ's COVID-19 Update: April 28, 2020

On April 23, 2020, Illinois Governor JB Pritzker announced his intention to issue a modified version of the current Stay-At-Home Mandate. The order is anticipated to extend the current State Stay-At-Home order through May 30th with certain modifications. Below are FAQ's that are intended to help answer resident questions.

- **What does the Stay-At-Home Mandate mean for me?**

The extension of the Stay-At-Home Mandate extends the restrictions that have been in place since April 23<sup>rd</sup>, that require residents to stay at home, unless they must leave for an essential reason.

- **The mandate says that I have to wear a face covering in public. Is this true?**

Yes. At the advice of medical professionals, the new executive order states, "anyone over 2 years old who can medically tolerate it wear a mask or some other sort of face covering while in a public place where they can't stay the recommended 6 feet from others."

- **Will I be allowed to enter a business if I do not have a face covering?**

Face coverings are required by the Stay at Home Order to be worn in public spaces, such as stores. Private businesses will have the right to refuse entry or service to anyone who does not comply with the face covering mandate.

- **I Own a Business. Do my employees need to be wearing a face covering?**

Per the instructions of the Governor's Mandate, employers should provide employees with appropriate face coverings and require employees wear face coverings where maintaining six-foot of social distance is not possible at all times.



### Face/Mask Covering Information from the CDC

The CDC recommends wearing cloth face coverings in public settings where other social distancing measures are difficult to maintain (e.g., grocery stores and pharmacies), especially in areas of significant community-based transmission.

CDC also advises the use of simple cloth face coverings to slow the spread of the virus and help people who may have the virus and do not know it from transmitting it to others. Cloth face coverings fashioned from household items or made at home from common materials at low cost can be used as an additional, voluntary public health measure.

Cloth face coverings should—

- fit snugly but comfortably against the side of the face
- be secured with ties or ear loops

- include multiple layers of fabric
- allow for breathing without restriction
- be able to be laundered and machine dried without damage or change to shape

More information is available at: <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/diy-cloth-face-coverings.html>

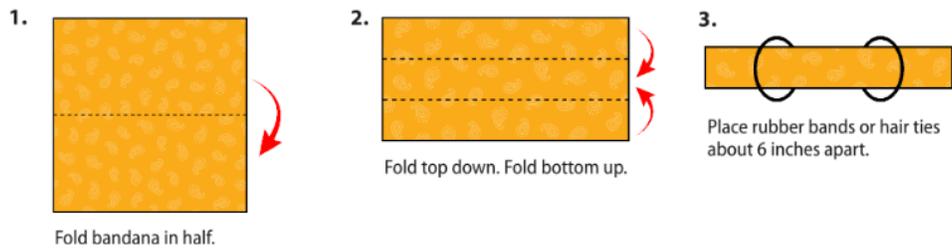
## Directions on How to Make Your Own Face Covering with Bandana (CDC.gov)

### Bandana Face Covering (no sew method)

#### Materials

- Bandana (or square cotton cloth approximately 20"x20")
- Rubber bands (or hair ties)
- Scissors (if you are cutting your own cloth)

#### Tutorial

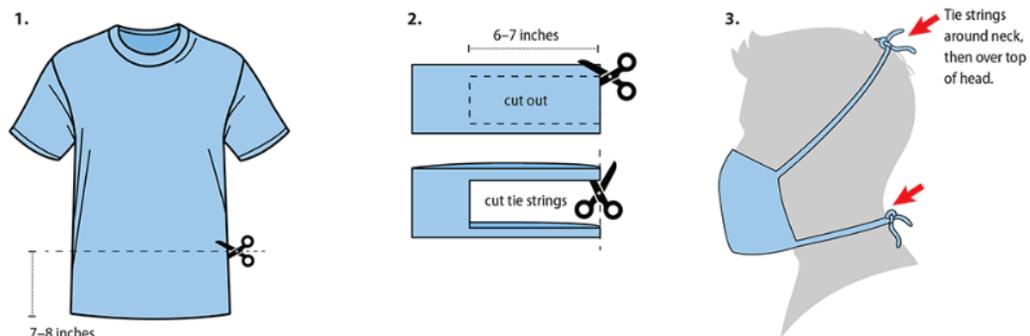


### Quick Cut T-shirt Face Covering (no sew method)

#### Materials

- T-shirt
- Scissors

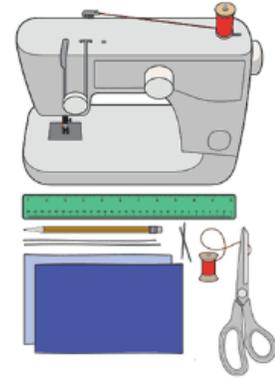
#### Tutorial



# Sewn Cloth Face Covering

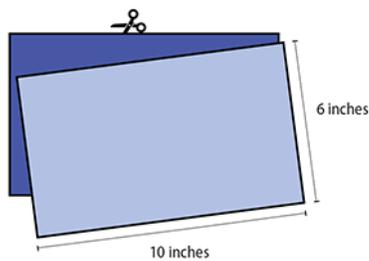
## Materials

- Two 10"x6" rectangles of cotton fabric
- Two 6" pieces of elastic (or rubber bands, string, cloth strips, or hair ties)
- Needle and thread (or bobby pin)
- Scissors
- Sewing machine

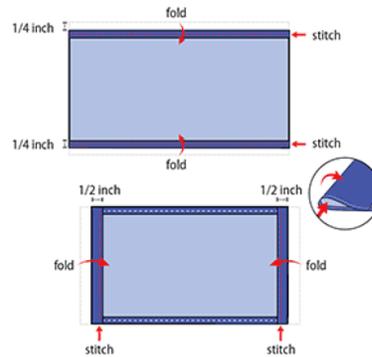


## Tutorial

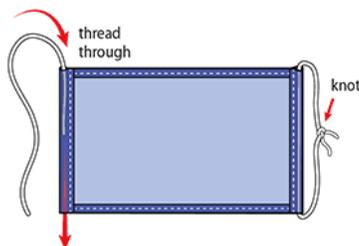
1. Cut out two 10-by-6-inch rectangles of cotton fabric. Use tightly woven cotton, such as quilting fabric or cotton sheets. T-shirt fabric will work in a pinch. Stack the two rectangles; you will sew the mask as if it was a single piece of fabric.



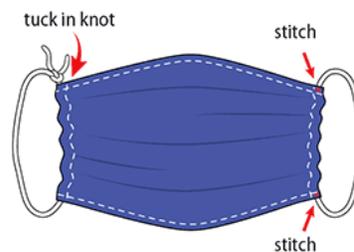
2. Fold over the long sides  $\frac{1}{4}$  inch and hem. Then fold the double layer of fabric over  $\frac{1}{2}$  inch along the short sides and stitch down.



3. Run a 6-inch length of  $\frac{1}{8}$ -inch wide elastic through the wider hem on each side of the mask. These will be the ear loops. Use a large needle or a bobby pin to thread it through. Tie the ends tight. Don't have elastic? Use hair ties or elastic head bands. If you only have string, you can make the ties longer and tie the mask behind your head.



4. Gently pull on the elastic so that the knots are tucked inside the hem. Gather the sides of the mask on the elastic and adjust so the mask fits your face. Then securely stitch the elastic in place to keep it from slipping.





State of Illinois  
Illinois Department of Public Health

# COVID-19

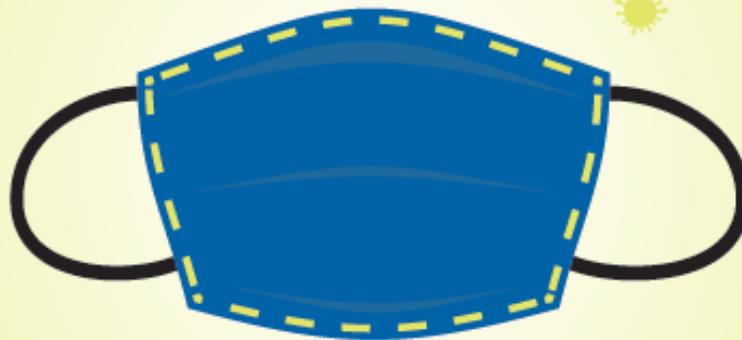
## Face Covering Do's & Don'ts

### DO:

- ✓ Make sure you can breathe through it
- ✓ Wear it whenever going out in public
- ✓ Make sure it covers your nose and mouth
- ✓ Wash after using

### DON'T:

- ✗ Use on children under age 2
- ✗ Use surgical masks or other personal protective equipment (PPE) intended for health care workers



### How to Wear a Cloth Face Covering

Cloth face coverings should:

- fit snugly but comfortably against the side of the face
- be secured with ties or ear loops
- include multiple layers of fabric
- allow for breathing without restriction
- be able to be laundered and machine dried without damage or change to shape



Questions about COVID-19?  
Call 1-800-889-3931 or email [dph.sick@illinois.gov](mailto:dph.sick@illinois.gov)  
Illinois Department of Public Health - [www.dph.illinois.gov](http://www.dph.illinois.gov)

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