NASAL SELF-SWAB INTRODUCTION

1. A trained staff member will verify your identification and registration.
2. While providing you with specific safety guidelines, a trained staff member will provide you with all supplies to collect your sample.
3. The test is easy, and a healthcare professional will show you how to use the swab and answer your questions.

NASAL SELF-SWAB STEPS ON HOW TO USE

1. Open the wrapper on the swab. Handle only the plastic end and do not touch the soft end.
2. Place the soft end of the swab midway in one nostril, rotate the swab twice, and hold it inside the nostril for 15 seconds.
3. Repeat the process in the other nostril.
4. Open the tube, and with the soft end pointed down put the swab in the tube.
5. Break off the top of the swab stick and replace the tube cap.
6. Your sample instructor will support you in all steps of the collection process.

WATCH THE VIDEO, USE QR CODE OR VISIT:
youtu.be/vsQVxsQY3jc